



Rotary International Youth Exchange Programme

District 9300, South Africa



ROTARY D9300 CAPE TOWN TOUR

DAY 1: WELCOME!!!

We will collect you from the Cape Town Airport, drop you off at Lodge for a quick freshen up, and then move onto the orientation of the city i.e. Signal hill, Long Street etc. This will be followed by a welcome dinner, at the infamous waterfront.

DAY 2: CAPE POINT

Breakfast at the Lodge, then we explore the wonders of the Cape Point, also visiting the seal colony in Hout Bay, by boat, and then onto the Cape of Good Hope, for a refreshing swim in the waters of False Bay and a visit to the African Penguins. Enjoy a delicious lunch. Dinner will at the Lodge.

DAY 3: TOWNSHIP, CAPE OF GOOD HOPE CASTLE AND ICE SKATING

Breakfast at the Lodge followed by a day of educating yourself with a variety of cultural experiences Cape Town has to offer, This includes – a visit to the Cape of Good Hope castle, district 6 museum, the Shebeen to taste the traditional Nkomboti beer, a visit to the crèche (which has always been a highlight) and then a visit to a traditional healer. We will all enjoying a well deserved meal with the sounds of a local band playing in the background.

We then go back to the Lodge to refresh, and brace ourselves for the glitz and glamour of the Grand West Ice-skating rink, followed by dinner.

DAY 4: TABLE MOUNTAIN AND AQUARIUM

Breakfast at the Lodge and then Takkies / walking shoes on!!! Get ready to climb the Famous Table Mountain! Once conquered, we will then visit the 2 Oceans Aquarium to see what is happening in the depths of the oceans. There will be time for a stroll around green market square where you can enjoy a bit of bartering for your favourite local craft. Dinner will be held at the Cape Malay restaurant, in Malay Quarters, amongst the colourful structures and architecture of the freed Malay slaves.

DAY 5: WEST COAST, OSTRICH FARM AND QUADBIKING

Breakfast will be at the Lodge, and then we travel via the beautiful west coast to an ostrich farm. You will be educated on ostriches and for those that are brave enough partake in ostrich rides. This will build up your appetite for lunch on the farm followed by some quad-biking. Once we are all adventured out we drive back to the lodge for a well deserved rest.

DAY 6: LANGEBAAN BREEDE RIVER RAFTING

Breakfast will be at the Lodge followed by a game of Volley Ball on the beach and a light-lunch. We then depart for the River camp. Dinner will be served at the River camp.

DAY 7: BREEDE RIVER RAFTING

Breakfast and then onto the Breede River for a fun-filled wet day!!! Delicious dinner made on the coals of an open fire and many a story told about the day's events.

DAY 8: BREEDE RIVER, WINE TASTING/CHEESE AND LAZER QUEST

Breakfast at the camp and then we depart to a majestic wine farm for cheese sampling, a cellar tour and a professional wine tasting session. Once completed, we will partake in a battle of lazer quest, followed by dinner at the mall.

DAY 9: ROBBEN ISLAND

Spend the morning at ease by some shopping and a light lunch, and then onto the historical Robben Island, where Nelson Mandela was released. Once disembarked, we will have time for a farewell dinner at the V+A Waterfront.

DAY 10: RHODES MEMORIAL

A visit to the Rhodes Memorial and then onto the airport, thinking back on a memorable trip!

TOUR ENDS!!!

(N.B: Itinerary above could change due to weather restrictions)

COST: R8,000.00 – to be paid into the following bank account:

Account Name: Rotary Youth Exchange
Bank Name: Nedbank Business East Rand
Branch Code: 128842
Account No: 1288110707

Use **YOUR SURNAME** and name of your **ROTARY CLUB** as the reference on the deposit and fax to 011 907-9764 as proof of payment.

**Numbers limited to 15 students,
so first PAID will get their place.**